

Orange- Strawberry Juice Froth

Ingredients:

- 2 cups orange juice
- 1 1/2 cups apricot nectar
- 1 cup frozen, sweetened strawberries

In blender, process ingredients for about 20 seconds, or until smooth and frothy. Serve immediately.

Serves 6

Nutrient Analysis per serving

Calories 114 kcal

Protein 1 g

Fat 0 g

Carbohydrate 29 g

Sodium 4 mg

Cholesterol 0 mg

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